

THE RITZ-CARLTON, AMELIA ISLAND



AUTUMN TO REMEMBER

September 5 - October 31

GUEST ACTIVITY GUIDE



THE ISLAND'S SECRET SEASON

Nestled comfortably between summer and winter yet sharing the best of warm days combined with mild, starry nights, you've chosen the perfect season for an island escape. With gorgeous weather and a relaxed beach atmosphere, this is the time to to enjoy a slower pace and explore the pleasures of a 13 mile beach. Cozy up with a loved one or your favorite book as you enjoy ocean breezes and poolside cabanas. Explore the outdoors on a personalized adventure with the resort Naturalist or unwind with Mindful Meditation and ocean-inspired treatments in the Spa. For culinary adventurers, AAA Five Diamond Salt creates seasonal menus that engage the diners' senses and leaves a lasting impression.



SUNRISE AND THE WONDERS OF TURTLE SEASON

Every day, Amelia Island is greeted by a sunrise that grows from a soft light into a warm, glowing backdrop for photos and shared moments of pure joy. Whether enjoyed with your toes in the sand or from your private balcony at the resort, the vivid colors and glistening waters will draw you back every day and every year to The Ritz-Carlton, Amelia Island.

Sharing these gorgeous sunrises are the island's famous visitors, nesting Loggerhead and Leatherback sea turtles. Traveling the world's oceans, these protected species return faithfully to the island's beaches to nest after a 2,500 mile migration. Each female sea turtle lays her eggs in nests within a few hundred yards of where they emerged as hatchlings. After 60 days, the newborn turtles move from the nest towards the brightest light on the horizon.

CALM, COOL, RECONNECTED

Relax and unwind with a lavish spa treatment and stay for the day enjoying the lounges and private pool. For those wanting to connect on a deeper spiritual level, the Spa offers Mindful Meditation sessions to release negative thoughts and emotions for healing and restoration. The approach is accessible and requires no previous experience. Using breath control combined with Yoga Nidra, these personalized workshops can even help you to create an action plan for living in the moment with ease, happiness and newfound energy. One 45-minute session is as restorative as three hours of deep sleep. Full-day retreats include 4-hours of guided meditation and coaching, one-on-one yoga session, Spa treatment and healthy lunch in Coast. Touch 1087 to reserve your custom session.





HOOK, LINE & SUPPER**

For those lured by culinary and outdoor adventure, there is Hook, Line and Supper, island fishing trip led by a seasoned charter boat captain and Ritz-Carlton Executive Chef Garrett Gooch. As passionate about fresh flavors as he is about local ingredients, Chef Garrett is an avid fisherman who knows the island's waterways like the back of a menu. Guests set out early in the morning with a chef-prepared lunch and beverages for a morning that combines angling, fish stories and a taste of authentic island life. Back on shore, you can join Chef Garrett in planning the menu using your catch or you can take time to relax at a Spa treatment of your choice with the benefit of a \$250 Spa credit. That evening, savor a customized four-course paired wine menu for two at the Chef's Kitchen Table in Salt. For a thrilling day that takes you from dock to exquisite dish and beyond, touch 1087.

HOOK LINE & SUPPER

ECO KAYAK, CRAIGCAT AND LUXURY CHARTER BOAT ADVENTURES**

Civilization feels far away as you paddle kayaks through the scenic beauty of Talbot Islands State Parks. You can also get close to nature on a thrilling CraigCat tour and one of our guides. Spread out and relax on your own private charter luxury boat tour as an experienced boat captain takes you to the best spots to photograph on an exploration of the island. Touch 5019 and speak with the concierge team.



ADVENTURES ON AND OFF THE BEATEN PATH

Experience the unspoiled natural beauty of Amelia Island's waterways. Paddle kayaks through the salt marsh or take a guided bike tour to see historic sites and natural wonders. Observe aquatic life up close on an exciting CraigCat tour or take in the wild beauty of the island on a luxury charter boat.

CHEF'S CABANA DINNER**

Accented by cool Atlantic Ocean breezes under a romantic evening sky, savor a personalized four-course tasting menu prepared by Ritz-Carlton chefs. The casually elegant dinner includes paired wines. \$250 per person, plus gratuity. 7:30 p.m. seating only. Advance reservations required. Touch 1087 to experience.

CURATED CUMBERLAND ISLAND EXPERIENCE**

Step back in time to historic and stunningly beautiful Cumberland Island. The island has been a home for the Carnegie family for nearly 150 years, but the island's riches are now measured in its vast, unspoiled ecology. Federally protected as a National Seashore, Cumberland Island is accessible only by boat. With the assistance of an expert Naturalist, our guests are taken on a Cumberland Island adventure to explore picturesque ruins, ride bikes or simply retreat from civilization. Any visit is an unforgettable experience. You might even catch a glimpse of the island's wild horses on one of the many isolated beaches. The Curated Cumberland tour includes guided tour, bicycles, chef-prepared picnic lunch and private boat transportation. Tours start at \$1,800 per couple and require a 48-hour advance reservation. Touch 1087.



IMMERSE YOURSELF IN NATURE

Through the seasons, Amelia Island provides guests the chance to see and enjoy a vast array of native wildlife. The resort's location and Naturalist brings guests opportunities to discover and appreciate the diversity of life that exists just a few steps away. From dune explorations to birdwatching to sea turtle nest excavations and honey harvests, you'll find you that the best secret season experienced close to nature.



EXPLORATION AND CONSERVATION: NESTING SEA TURTLES

Amelia Island is a nesting place for the endangered Loggerhead and Leatherback sea turtles. Returning faithfully to the island's beaches from a 2,500 mile migration, each female sea turtle lays their eggs in nests within a few hundred yards of where they emerged as hatchlings. Sea turtle eggs incubate for 60 days until the hatchlings emerge, moving towards the brightest light, typically to the horizon. Nesting season begins in May and ends in autumn. Tips for helping to protect sea turtles include: smooth the sand and fill in dug beach holes each day, avoid using bright lights, close room shades and never disturb a turtle nest or hatchlings.

BIRDING EXCURSION TO TALBOT ISLANDS**

Amelia Island is in the heart of the Atlantic Flyway, an avian migratory route that stretches from the Arctic tundra to the furthest Caribbean islands. The resort Naturalist leads an excursion to Talbot Islands State Parks, a recognized spot for birdwatching. This program is for ages 12 and older. Limited availability, weather permitting. 24-hour advance reservation required. Activity includes transportation, bird guides and binoculars for use, water and resort Naturalist guide. Meet in the Lobby. Friday - Sunday, 10:30 a.m. - 12:30 p.m. \$110 per person.



SHARK TOOTH HUNT AND SHELL HUNT

Take a stroll on the beach and explore the shoreline for fossilized shark teeth and sea shells.
Meet at Center Beach. 4 p.m.

NATURE WALKS

Meet the Naturalist for a one-mile long exploration of the barrier island's dune habitat. You'll stop at the Ritz-Carlton Chefs' eco-garden and learn about local flora and fauna and sea life off our coast. All ages are welcome on this gently-paced, complimentary nature walk. Meet in the Lobby.

Morning Nature Walk: Thursday - Sunday, 9 a.m.

Evening Nature Walk: Friday - Saturday 5 p.m.

BUTTERFLY TALK

The resort Naturalist gives a presentation on the butterfly's habitat and life cycle with a focus on Monarchs and their long journey South. Meet at The Butterfly Garden. Thursday, 11 a.m.

NATURE ACTIVITY TABLE

Our Naturalist hosts a fascinating special presentations and hands-on experiences related to Amelia Island wildlife. Meet at 1 p.m., Poolside Lawn. Thursday - Saturday.

NATURE CRAFTS*

Our Naturalist helps nature lovers make crafts connected to the island's ecology. Meet in the Lobby. Thursday - Saturday, 2:30 p.m.

PRIVATE NATURALIST TOURS

For an unmatched autumn experience, the resort Naturalist designs a tour around your specific interest. For curated explorations with a Naturalist, contact us and we will do our best to accommodate your request. 48-hour advance notice required. Touch 1087 for availability.

KIDS' AUTUMN ADVENTURES

Ritz Kids provides a fun mix of activities for kids of all interests for ages 5-12. From beach walks and adventures with the resort Naturalist, spotting island wildlife, building sandcastles or simply playing tag with waves, the Ritz Kids staff knows how to make memories and engage our younger guests.

PIRATE TUCK-INS**

Your kids will get a bedtime tuck-in from the Pirate Captain along with the Princess and Amelia the Macaw who bring milk and cookies, special treats and memories to last a lifetime. Saturday, 6 p.m. – 9 p.m. 24-hour advance reservation required. \$65 per child. Touch 1087.



RITZ KIDS**

Partnering with Jean-Michel Cousteau's Ocean Futures Society, Ritz Kids ages 5-12 spend the day playing educational games, making crafts and exploring coastal treasures. Young guests dive into experiences based on the program's four themes: water, land, environmental responsibility and culture. 24-hour advance reservations required. Friday and Saturday, 9 a.m. - 4 p.m. Full-day programs include lunch. \$115 per child full-day, \$75 half-day

KIDS' NIGHT OUT**

Give the kids a fun night out with games, dinner, crafts and movies while you enjoy a quiet evening. \$85 per child, ages 5-12. 24-hour advance reservations are required. Ritz Kids' Room, Friday and Saturday, 6 p.m. - 9 p.m.

PIRATE TOAST

Guests of all ages can hear stories of life on the sea, finished with a rousing pirate toast every day in the lobby at 5:30 p.m.

PIRATE CAPTAIN'S TREASURE HUNT

Kids find adventure and history as they embark on a thrilling hunt with the Pirate Captain to search for the lost treasure. Every Friday, Meet in the Lobby at 5:15 p.m.



PIRATE CAMPING EXPERIENCE**

Kids create their own pirate adventure with a camping experience complete with themed tent, bedding, blankets, book, lantern and more in their parents' suite. Reservations are required. Amenities are for guests to keep with the exception of pirate tent and bedding. \$125 per night plus service charge. Recommended for ages 4-10. Touch 0 for the operator and ask for Guest Relations.

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THE RITZ-CARLTON SPA

Named one of the top spas in the world by the readers of Condé Nast Traveler, natural beauty is revealed at The Ritz-Carlton Spa, Amelia Island. Perched on the dunes overlooking the Atlantic Ocean, the Spa's tranquil environment echoes the gentle rhythm of waves and draws on the pristine natural environment for inspiration. Here, you'll rediscover a holistic approach to renewal and transformation and a rhythm that restores vitality and wellness.



FALL SKIN TIPS

There is a lot get excited about as we move into the fall season, but as we transition to cooler, drier weather, our skin reacts to the changes in temperature:

- Switching to a thicker moisturizer before bed helps hydrate the skin
- Cutting back on exfoliation helps minimize sensitive skin irritation and maintains your skin's natural biome
- Invest in a humidifier. Humidifiers will help boost skin hydration
- Even though summer's gone, don't forget to wear at least SPF30+ sunscreen. While UV rays are less in autumn, it's still important to protect yourself year round

FITNESS CENTER

Beauty is more than skin deep at our 24-hour Fitness Center. Offering guests an exciting weekly program of over twenty unique classes led by fitness professionals - From Boot Camp to Beach Booty, Mat Science to Mind+Body Yoga to our famous Kettlebell workout, you'll be inspired to try something new. One class per day is included in your daily resort fee. Private classes and personal training are available. Schedules are outlined in your nightly guest letter. Touch extension 5013.

SPA REJUVENATION

Inspired by the healing properties of the ocean, The Spa utilizes a wealth of locally-sourced ingredients including wildflower honey and sea salt. Authentic and individually designed to relax and rejuvenate, The Spa's treatments immerse you in coastal therapies that nurture the body and enliven the senses. Every treatment begins with a consult to identify your needs and concludes with guidance on how to maintain your renewed look and sense of well-being at home.

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SIGNATURE TREATMENTS

Utilizing the best in natural and organic treatments, Spa guests enjoy personalized therapies designed to reveal their best self. Individual or shared therapeutic Spa services are available in massage, beauty or body treatments. Our expert staff even has bespoke treatments specifically designed for men, leaving them looking and feeling better than ever.



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OCEAN HEALING**

A treatment as revitalizing as it is relaxing, Ocean Healing summons the restorative properties of the sea. A therapeutic bath stimulates circulation in preparation for a vigorous sea salt exfoliation. Soft, glowing, youthful skin is revealed followed by a warm salt stone massage instilling deep relaxation.

CBD RELIEF AND RECOVERY**

Relief and recovery begins with a personal consultation to establish your areas of concern. A customized treatment protocol is then suggested by your massage therapist to best suit your needs. Up to five activated hemp based products can be utilized during your treatment. 50-minute treatment includes massage and bodywork plus a take-home CBD product. 75-minute treatment adds a decadent CBD-infused bath.

HEAVEN IN A HAMMOCK**

Created at The Ritz-Carlton Spa, Amelia Island, this award-winning treatment combines the benefits of a relaxing massage, the comfort of being in a soft hammock and the healing power of intuitive touch. Cocooned in a hammock, the experience is tailored to you and performed by a therapist using pressure point touch and reflexology. These techniques instill deep relaxation, release tight muscles, and restore balance and calm. 50 minutes/\$190



DAWN OF A NEW DAY

MINDFUL MEDITATION

Enlightenment and relaxation can be enjoyed together in a singular place: The Ritz-Carlton, Amelia Island. Exclusive to our resort, guests can take part in mindful meditation, a practice that bridges the connection between mind and body. Accessible to anyone, this ancient practice combines meditation, deep breathing and relaxation into a powerful tool for healing. Tailored to suit your personal requirements and level of practice, the intentions and practices you learn will resonate throughout your life.

MINDFULNESS MEDITATION & YOGA NIDRA

Mindfulness Meditation experts Liam and Radha Gillen create customized experiences for stress reduction and concentration. Accessible to anyone and requiring no previous experience, these Mind+Body custom workshops use breath control combined with Yoga Nidra to relieve stress, ease tension and release negative emotions. Their personalized workshops can even help you to create an action plan for living in the moment with ease, happiness and newfound energy. For personalized sessions, touch 1087.

FULL MOON MEDITATION**

Experience meditation like never before under the gentle glow of a full moon with the sounds of the Atlantic Ocean as backdrop. The intense spiritual energy of the moon combined with fresh coastal breeze will fill you with peace and cleanse the mind, releasing negativity to create space for new intentions. Classes occur during the ascent of the full moon, combining mindful meditation with focused breathing. Weather permitting, indoors if inclement. September 14 | October 13
7:30 p.m. \$45 per guest Meet in the Spa.



THE TREASURE IS YOU

The Spa Shop is designed around you, with a selection of the world's best products for mind, body, beauty, health and wellness. Items discovered in the shop are designed with a focus on total well-being and are meant to connect you to a beautiful inner place.

ESPA

Available only in the world's finest spas, ESPA products are designed around holistic wellbeing. Their pure treatments bring out natural beauty and promote inner calm. Working with dermatologists, biochemists and aromatherapists, their creative combinations of plant and marine actives deliver immediate and long-term skin care results.

EMINENCE ORGANICS

Natural, organic and biodynamic, Eminence skincare products are free of parabens, animal by-products, propylene glycol, sodium lauryl sulfates and other harsh chemicals. Created without heat or hydrogenating processes that negatively affect the efficacy of the plant nutrients, the company also uses wind, geothermal and solar power to produce their line of beauty treatments.

CIRCADIA BEACH BODY PROTOCOL

Circadia's Peter Pugliese, M.D. and his team have worked with the Spa to develop Beach Body Protocol – a whole-body therapy that reveals smoother, younger, luminous skin. Using vitamins and natural plant extracts along with specially-formulated fruit acids, the treatment is the ultimate in anti-aging skin health and the perfect remedy for seasonally dry skin.

HYPERVOLT PERCUSSIVE MASSAGE

Eliminate soreness and promote recovery from aches and pains with a Hypervolt personal percussive massage device, a Spa exclusive. Quiet and effective, this is a transformative massage tool that you can learn to use in our Spa and the one souvenir you'll be happy you brought home from vacation.

AUTUMN TREASURES

We search the globe to bring you the best designers and distinctive luxury items. In our shops, you'll discover rare and sought-after treasures you won't find anywhere else. As a gift for yourself or someone else, you'll love our picks for the season:

CREED FRAGRANCES

Founded in 1760 and led by sixth-generation master perfumers, Creed is the world's only privately held luxury fragrance dynasty. Using time and ingredient intensive techniques, every fragrance is created by hand using the highest percentage of natural components.

BUGATCHI UOMO

Shirting so finely detailed, it may have well been made just for you. Each shirt features details like contrasting inner cuffs, collars, plackets and specialty buttons. Combining masculinity and eye-catching sophistication, no well-dressed man's wardrobe is without one.

GRETCHEN SCOTT

Each hand-tailored dress from this designer is chic, stylish and beautiful. The signature ruffle neck dresses are timeless yet express an edgy attitude with bold patterns and comfortable fabrics. Sewn into every dress is her motto: "Laugh more, gripe less, ignore critics, say yes, order dessert, love life."

LULULEMON

Always challenging expectations, Lululemon activewear once again redefines the concept of fashion and function. Their flattering Define jacket is lightweight, warm and versatile; perfect for every Amelia Island season. Shop the latest colors of this popular wardrobe essential.

DYNASTY HANDMADE GLASS

For three quarters of a century, this San Francisco-based company of craftspeople has been inspired by the shapes, colors and light of the ocean. Dedicated to the art of glass-making, these artists create treasures coveted by collectors and interior designers around the world. The Signature Shop is proud to share selections from their Seaside Collection.

THE BOUTIQUE SHOPS

The Signature Boutique

The ultimate, curated luxury boutique experience with styles from the world's top designers. Resort guests can take advantage of complimentary luxury experiences including personal shopping and pre-arrival wardrobe services by appointment.

The Spa Shop

The Spa Shop carries an enticing selection of wellness-inspired goods for bath, body and home. Pamper yourself this holiday with exclusive products from ESPA, Eminence and Kérastase or try a personalized Himalayan salt scrub made exclusively at the Spa.

Southern Tide Signature Shop

The resort is proud to welcome the timeless coastal style of Southern Tide to its collection of exclusive shops. Exceptional craftsmanship and classic style are the hallmarks of this lifestyle collection for men, women and boys.

The Lilly Pulitzer Boutique

The colorful prints and sunny style of Lilly Pulitzer are recognized worldwide. Get your share of sunshine or mommy and me fashions in the Lilly Pulitzer Shop, an Amelia Island exclusive.

The Salt Boutique

Memories are seasoned by a combination of family, traditions and food. The Salt Shop is the perfect place to start your shopping, with special salts harvested from around the globe and infused salt recipes created in the kitchens of the resort.



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AUTUMN COLORS, AUTUMN FLAVORS

SALT



FINE DINING ON THE OCEAN'S EDGE

A name inspired by its remarkable natural setting and as tribute to cooking's most valuable seasoning; Salt delivers a feast for the senses. Among 31,000 restaurants vying for AAA's highest award, Salt has earned best-of-the-best Five Diamond status for the last seven years in a row. Salt is one of only three such honored restaurants in the state of Florida. Overseeing every detail is Chef de Cuisine Rick Laughlin. His philosophy of "keeping flavors familiar, and most importantly, keeping the integrity of the ingredients" shines through in his approach to Contemporary American Cuisine. Familiar ingredients are elevated to new heights as Chef Rick's goal is for guests to involve all the senses, be it the perfect wine pairing, an artful plating or the gentle wisp of hardwood smoke from a plate of shrimp and grits. Steak and Eggs is a signature dish, served sizzling on a 250-million year old Himalayan salt block that has been hand-cut by Chef Rick Laughlin. Humble yet elemental, the dish started a trend that has been imitated, but never duplicated.

Chef Rick has also earned the praise of his peers, having been selected to cook at the celebrated James Beard House. Salt also holds the esteemed Golden Spoon award from Florida Trend, the most sought-after award for Florida restaurants.



SALT EVENTS

Ignite your passion for cooking with hands-on instruction from Salt Chef de Cuisine Rick Laughlin and Ritz-Carlton chefs. Chef Rick shares his secrets and techniques with guests as they experience a total immersion in the culinary process. As part of a formal class or as a couple, you'll enjoy one-on-one interaction and memories you'll savor forever.

A DAY IN THE LIFE: SALT COOKING SCHOOL

Beginning with gourmet breakfast and a tour of the Salt kitchen, students disperse to work stations to create a four-course lunch menu reflecting the class theme. Students share a lunch paired with a selection of wines and discuss their experiences with fellow students and chefs. At the end of the program, you'll receive an official Salt apron, recipe book and certificate of completion.

SALT AND SAVOR CULINARY WEEKEND

Take a break from the everyday to savor a weekend brimming with unforgettable culinary moments at Salt and Savor Weekend. From gourmet receptions to classes and meals with legendary winemakers, the weekend will leave you with a new appreciation of food and wine. Also includes a chef's gourmet farewell breakfast. Limited availability. October 4-6

SALT COOKING SCHOOL: HOLIDAY HORS D'OEUVRES

You'll be the star of your holiday entertaining with secrets learned from Salt's chefs at holiday hors d'oeuvres cooking school. Ambitious or just pressed for time, you'll learn the best ways to holiday entertaining success. October 21



A LOCAL INGREDIENT coast

Modern American + Heartfully Crafted

Coast menus reflect a deep partnership with local farmers and fishermen that celebrates fall's bounty of ingredients. Under the leadership of Executive Chef Garrett Gooch, a passionate fisherman, Coast

combines his extensive knowledge of local seafood and love of Southern comfort food into something remarkable for our guests.

Be sure to try the Catch of the Day, celebrated as an opportunity for improvisation and culinary inspiration. Or enjoy a soul-warming Chicken and Waffles, served with house-made green tomato jam, local farm Sweet Grass Dairy's famous *Heat* cheese and touched with a bourbon-maple spicy butter.

The décor of Coast is embellished with handmade elements from local artists Fernandina Clay, a family-run studio that created our ramekins and serving pieces for Coast. Celebrate the coastal life and take home a memory of your meal - A limited supply of handmade pieces are always available for purchase. Ask your server for more information.



THE PUB

Football fans can find the island's best atmosphere at The Pub, where you can eat, drink and cheer on your favorite team while tasting craft and local beers and classic pub fare. Whether you're here for a relaxing beach weekend or for business, you'll find excitement every game day. Savor a friendly game of pool or a comfortable chair and great views of the game on the many TVs.

The food is made from scratch, like crispy fish and chips made with local catch of the day or a juicy Angus burger topped with your choice of pork belly, jalapeño jam or avocado. Everyone loves the savory Bavarian pretzel that can feed an entire table and is served with a house-made Duke's Brown Ale cheese. There's even a special menu of Chef Sheldon's hand-crafted desserts made just for The Pub.



BOURBON LEGENDS AT THE LOBBY BAR

A tempting selection of experiences await at The Lobby Bar. From the daily First Call presentation to a personalized Cocktail Culture class, our mixologists will guide you in a discovery of new flavors or fresh interpretations of classic tastes.

FIRST CALL*

Gather with us in The Lobby Bar at 5:45 p.m. each day for First Call, the presentation of a house-infused small batch bourbon. Crafted of whiskey drawn from our own aging barrels, the spirit is steeped in a unique daily recipe of fruits, spices and aromatics for a minimum of six hours before being decanted for our guests. The infusion is available only until that day's spirit is sold out.

THE LEGENDS TABLE**

The Legends Table offers a "seat in the kitchen" experience for guests to enjoy craft cocktails. Evenings spent at The Legends Table can include private bartender service for rare spirits, tableside infusion presentations, bartender mixology or a signature presentation from the bar's sushi chefs.

BOURBON FLIGHTS*

Inspired by legends of Kentucky's famed Bourbon Trail, The Lobby Bar curates one-of-a-kind experiences for America's only native spirit: bourbon. We invite you to explore the many exciting examples of the distiller's art and rare spirits presented in our tasting flights.

COCKTAIL CULTURE**

On Saturday evenings at 4 p.m., guests can join The Lobby Bar's head mixologist for an up-close experience, creating and tasting extraordinary craft cocktails. You'll see new twists on classic drinks, learn about the art of distilling and gain mixology techniques that will turn you into the star of your next party. Advance reservations. The Lobby Bar. Private, personalized sessions are also available.

GOLF AND LEISURE



THE GOLF CLUB OF AMELIA ISLAND

Steps from the front door, guests can experience a round of golf that exemplifies all that is good about Amelia Island: relaxed, gracious, comfortable, and majestically scenic. Designed by Mark McCumber to present a unique array of challenges for the resort golfer, the Golf Club course spans oak canopies and marshlands with natural elements unique to coastal barrier islands. The course offers a welcome respite from the everyday that is singularly Amelia Island. Reserve your tee time by calling 904-277-0012.



GAME, SET, MATCH

Fitness is not limited to the indoors at the resort. Our tennis professionals will ensure your serves and strokes keep their edge with a variety of drills and personal instruction every Friday, Saturday and Sunday. Players enjoy Florida sunshine, Atlantic Ocean breezes, chilled water and four clay courts tucked into the lush grounds of the resort. Full Pro Shop services are available. One hour per day court rental is included in your resort fee and includes use of balls and a racquet. Instructor-led drills, \$30. Private lessons \$50 per half hour. Reservations recommended.



FALL IN LOVE AND STAY FOREVER



A well-kept secret, the island's charms are irresistible to some who decide they never want to leave. For those who want to enjoy everything the island has to offer year-round, the local experts at First Coast Sotheby's share the resort's deep passion for exceptional customer service and an unmatched knowledge of the market. Visit their office adjacent the Lobby on the first level to explore the island's most exclusive properties or call (904) 310-0981.



PHOTOGRAPHY CONCIERGE

You'll always remember fall's breathtaking beauty with portraits by our Photography Concierge. Schedule a complimentary 45-minute photo shoot and proofing session and receive a \$50 print credit valid for individual prints. Located in the retail corridor. 9 a.m. - 6 p.m. or touch in-house extension 6745.

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AUTUMN TO REMEMBER ADVENTURES

DAILY ACTIVITIES

- 8 a.m. - 5 p.m.** **Daily Fitness Classes*** (Fitness Center) - From Boot Camp to Pilates, our instructors offer a variety of classes. Touch ext. 5013.
- 9 a.m. - 5 p.m.** **Private Luxury Boat Tour**** (Lobby) - Tour the waters of Amelia Island by luxury boat. 2-hour minimum reservations, weather permitting.
- 9 a.m. - 5 p.m.** **CraigCat Adventures**** (Lobby) - Guides take you on thrilling water adventures via powered mini boats.
- 9 a.m. - 9 p.m.** **Family Game Room** (Our Space) - Play video games, air hockey and watch movies in our theater.
- 9:30 a.m. - 9:40 a.m.** **Fish Feeding & Amelia the Macaw Meet and Greet** (Ritz Kids Room) - Meet Amelia, the resort mascot, and feed the exotic fish.
- 10 a.m. - 1 p.m.** **Eco-Kayak Island Waterway Tour**** (Lobby) - Experience natural beauty on a guided eco-kayak tour. Reservations required.
- 10 a.m. - 4 p.m.** **Ride the Waves**** (North Beach) - 90-minute surfing and paddle boarding lessons.
- 10:30 a.m. - 10:45 a.m.** **Story Time** (Lobby) - Delight in tales of fantasy and adventure for children of all ages.
- 12:30 p.m. - 12:45 p.m.** **Custom Salt Scrub Blending Class** (Spa) - Learn to make a salt scrub personalized to your needs and enjoy a complimentary sample.
- 1:30 p.m. - 4 p.m.** **Historic Fernandina Bike Tour**** (Lobby) - Take a guided bike tour through historic downtown Fernandina.
- 3 p.m. - 3:15 p.m.** **Salt Immersion Class** (The Salt Shop) - Taste and learn about specialty gourmet and house-made infused salts.
- 3 p.m. - 3:30 p.m.** **Mystery Craft*** (Indoor Pool) - Stop by to discover the mystery craft of the day. Fun for younger guests.
- 4 p.m. - 4:30 p.m.** **Shell and Shark Tooth Hunt** (Center Beach) - Search for shells and fossilized shark teeth along the shoreline.
- 5:30 p.m. - 5:45 p.m.** **Pirate Toast** (Lobby) - Join us for an Amelia Island tradition as the Pirate Captain tells a tale and raises a toast to life on the sea.
- 5:45 p.m. - 6 p.m.** **First Call*** (The Lobby Bar) - Gather in The Lobby Bar as mixologists present an infused, small batch bourbon.



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WEEKDAY ACTIVITIES

MONDAY

9 a.m. - 5 p.m.

Indulge (Spa) - Complimentary ESPA Pink Mud Hair and Scalp Treatment with any massage or facial 80-minutes or longer.

1 p.m. - 1:30 p.m.

Make Your Own Button* (Indoor Pool) - You can be crafty or creative. Make a statement with your own handmade button.

2 p.m. - 3:30 p.m.

American Beach Bike Tour** (Fitness Center) - A guided bike tour to see American Beach and NaNa, Florida's tallest dune.

TUESDAY

1 p.m. - 1:30 p.m.

Foam Pirate Ship* (Indoor Pool) - Little washbucklers make little pirate ships that float.

WEDNESDAY

9 a.m. - 5 p.m.

Untangled (Spa) - Enjoy 10% savings on Moroccan oil or Kérastase products with any salon service.

1 p.m. - 1:30 p.m.

Design-a-Keychain* (Indoor Pool) - Put a smile on your face every time you reach for the keys with your own keychain design.

THURSDAY

9 a.m. - 10 a.m.

Morning Nature Walk (Lobby) - Explore the beach and dune ecosystems on a guided walk with the resort Naturalist.

11 a.m. - 11:30 a.m.

Butterfly Talk (Butterfly Garden) - The resort naturalist gives a presentation on butterfly habitat and life cycle.

1 p.m.

Nature Activity Table (Poolside Lawn) - Identify animal tracks indigenous to our island.

1 p.m. - 1:30 p.m.

Island Charm Bracelet* (Indoor Pool) - A bracelet you design and make using island-inspired charms.

2:30 p.m.

Nature Craft* (Lobby) - The Naturalist helps kids make a craft connected to the island's ecology.



WEEKEND ACTIVITIES

FRIDAY

- 9 a.m. - 10 a.m.** **Morning Nature Walk** (Lobby) - Explore the beach and dune ecosystems on a guided walk with the resort Naturalist.
- 9 a.m. - 4 p.m.** **Ritz Kids Program**** (Ritz Kids Room) - Explore island treasures with informative games and crafts for ages 5-12.
- 9 a.m. - 5 p.m.** **Shop 'til You Drop** (Spa Boutique) - Receive 10% savings on any Spa Boutique retail purchase.
- 10 a.m. - 11 a.m.** **Adult Tennis Drills Clinic**** (Pro Shop) - Fast-paced drills focusing on various strokes and doubles strategy.
- 10:30 a.m. - 12:30 p.m.** **Talbot Islands Birding Excursion**** (Lobby) - Join the Naturalist for bird-watching at the Talbot Islands State Park.
- 1 p.m.** **Nature Activity Table** (Poolside Lawn) - Learn about the resort's bee colony and the distinctive honey produced from island flowers..
- 2:30 p.m.** **Nature Craft*** (Lobby) - The Naturalist helps kids make a craft connected to the island's ecology.
- 5 p.m. - 6 p.m.** **Evening Nature Walk** (Lobby) - Explore beach and dune ecology on a guided walk with the resort Naturalist.
- 5:15 p.m.** **Pirate's Treasure Hunt** (Lobby) - Embark on a journey with our pirate to find the lost treasure.
- 6 p.m. - 9 p.m.** **Kids' Night Out**** (Ritz Kids Room) - Crafts, games, movies and dinner creates a fun evening for ages 5-12.

SATURDAY

- 9 a.m. - 10 a.m.** **Morning Nature Walk** (Lobby) - Explore the beach and dune ecosystems on a guided walk with the resort Naturalist.
- 9 a.m. - 4 p.m.** **Ritz Kids Program**** (Ritz Kids Room) - Explore island treasures with informative games and crafts for ages 5-12.
- 10 a.m. - 11 a.m.** **Adult Tennis Drills Clinic**** (Pro Shop) - Fast-paced drills focusing on various strokes and doubles strategy.
- 10:30 a.m. - 12:30 p.m.** **Talbot Islands Birding Excursion**** (Lobby) - Join the Naturalist for bird-watching at the Talbot Islands State Park.
- 1 p.m.** **Nature Activity Table** (Poolside Lawn) - Learn about the resort's turtle nests, excavations and DNA research findings.
- 2:30 p.m.** **Nature Craft*** (Lobby) - The Naturalist helps kids make a craft connected to the island's ecology.
- 4 p.m. - 4:30 p.m.** **Cocktail Culture**** (The Lobby Bar) - Create and taste extraordinary cocktails. Reservations required.
- 5 p.m. - 6 p.m.** **Evening Nature Walk** (Lobby) - Explore beach and dune ecology on a guided walk with the resort Naturalist.
- 6 p.m. - 9 p.m.** **Kids' Night Out**** (Ritz Kids Room) - Crafts, games, movies and dinner creates a fun evening for ages 5-12.
- 6 p.m. - 9 p.m.** **Pirate Tuck-Ins**** - A bedtime story read by our Pirate Captain and Princess Amelia, bearing gifts of milk and cookies.

SUNDAY

- 9 a.m. - 10 a.m.** **Morning Nature Walk** (Lobby) - Explore the beach and dune ecosystems on a guided walk with the resort Naturalist.
- 10 a.m. - 11 a.m.** **Adult Tennis Drills Clinic**** (Pro Shop) - Fast-paced drills focusing on various strokes and doubles strategy.
- 10:30 a.m. - 12:30 p.m.** **Talbot Islands Birding Excursion**** (Lobby) - Join the Naturalist for bird-watching at the Talbot Islands State Park.
- 2 p.m. - 3:30 p.m.** **American Beach Bike Tour**** (Fitness Center) - A guided bike tour to see American Beach and NaNa, Florida's tallest dune.





RESTAURANTS

Coast

A seasonal menu highlights seafood from local waters and fresh ingredients from local farms. The dining room is accented with handmade elements from local artists where guests can enjoy breakfast, lunch and dinner indoors or take in the view from an outdoor terrace. 6:30 a.m. - 9 p.m.

Ocean Bar and Grill

Sweeping views of the Atlantic, a menu of made-to-order beach cocktails and poolside dining favorites including local fish tacos, tuna poke salad and more. Luxury cabana butler service available by reservation.

10 a.m. - 5 p.m. Bar

11 a.m. - 4 p.m. Food

(weather permitting)

Beach Bar

Dunes, sunshine and ocean breezes just steps from the water. At Beach Bar, enjoy a casual menu of cold drinks and signature items from the Ocean Bar and Grill menu. Time: 11 a.m. - 5 p.m. (weather permitting)

The Lobby Bar

A curated list of small-batch spirits, custom infusions and expert mixology highlight The Lobby Bar experience. Enjoy Saturday's Cocktail Culture, live weekend entertainment or light bites and made-to-order sushi and sashimi every day. Don't miss the tradition of First Call at 5:45 p.m. daily.

Sunday-Thursday | 12 p.m. - 12 a.m.

Friday-Saturday | 12 p.m. - 2 a.m.

The Pub

The relaxed ambiance of a neighborhood pub combined with elevated comfort food, local craft beer and great sports viewing.

Monday-Friday | 5 p.m. - 11 p.m.

Saturday-Sunday | 12 p.m. - 11 p.m.

Salt

AAA Five Diamond dining on the ocean's edge. Chef Rick Laughlin presents a dazzling menu of Contemporary American Cuisine honoring the integrity of every ingredient, where every detail is considered and every wish anticipated. Discover extraordinary flavors on the Chef's Adventure Menu and memorable experiences including Chef's Kitchen Table, chosen by *Forbes Magazine* as one of the Top 10 Chef's Kitchen Tables in the United States.

Tuesday-Sunday | 5:30 p.m. - 9 p.m.

FALL INTO THE HOLIDAYS

Christmas Tree Lighting and World's Largest Gingerbread Pirate Ship

Holiday tradition reigns for the lighting of the island's largest Christmas tree and launch of the world's largest gingerbread pirate ship. Wednesday, November 27.

Santa's Magical Dinner

Take a break from the everyday to savor a whimsical experience based on a classic holiday story. Enjoy a family-style buffet and yuletide treats. Wednesday, November 27.

Thanksgiving Grand Feast

An elaborate culinary buffet of traditional Thanksgiving favorites and live jazz music. Thursday, November 28.

Thanksgiving in Coast

Family, friends and holiday buffet including seafood, turkey with all the trimmings, honey glazed ham plus a vast array of desserts. Thursday, November 28.

Santa's Storybook Tea

A fireside holiday storybook read by Santa in a magical space decorated with gingerbread houses. Storybook Tea includes a scrumptious buffet of pastries, candy, cakes, cookies, finger sandwiches and your picture with Santa and Mrs. Claus. Reservations recommended. November 30, December 7 and 14.

Build-a-Gingerbread House with Chefs

Families build their own gingerbread houses assisted by pastry chefs. Nov 29, 30; December 7, 14 and 21.

Christmas Experience in Salt

Salt's festive and refined four-course holiday prix fixe dinner. December 24 and 25.

Christmas Eve Dinner in Coast

A Christmas Eve dinner inspired by the bounty of the sea. December 24.

New Year's Eve Dinner in Salt

A sophisticated experience to ring in the New Year. Savor a four-course celebration at 6 p.m. or the five-course dinner at 9 p.m. Wine pairings additional. December 31.

New Year's Eve Black and White Gala

Toast the New Year in the classic Ritz-Carlton style at North Florida's most elegant and entertaining New Year's Eve party. Enjoy open bar, lavish buffet, dancing, live music and an elaborate fireworks display with midnight Champagne. Black and White attire is encouraged. Reservations required. December 31.

All activities are complimentary unless indicated. *A fee is associated with this activity. **Fee and advance registration required.

Parental supervision may be required for some activities. For more information or reservations, please touch extension 1087.

Share your #RCMemories #AmeliaIsland on Facebook and Instagram

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