



THE LIFE PLAN



Each day we have the opportunity to make our day a success. What is success? Are you successful today? If not, when will you be and how will you know if you are? John Maxwell does an outstanding job of bringing this point to life in his book, *The Success Journey*. He says that Success is not a final arriving place; it is a journey that is lived each and every day. This tool will help you to create a plan, that if followed, will enable you to live a life that is both on purpose and successful. We will walk you through the entire process in your first coaching session and look forward to coaching you on how to use this life-changing tool.

1. Assess where you are in life and success today

- Who do you want to be remembered by?

- What will they remember about you?

- Who else and why?
(ask this question as many times as you need)

2. Awareness of what's important to me

- Think of the areas of your life that are most important to you & list them below.

	<u>Account Examples</u>	
	God	Spouse
	Children	Health
	Finance	Career
	Self Development	Family
	Friends	Vacation
	Fun	Charity
	Ministry	My dream

- Write each account you have chosen at the top of a sheet of paper (use a separate sheet of paper for each account).

3. Clarify your vision

Now that you have identified each of your life accounts, define where you want to be in each of them 20 or 30 years from now. What do you see when you look into your own future?

- Under each of the above accounts, write out what you would like to see by listing the attributes of your desired outcome.

4. Define your purpose

- What is your purpose in each of the identified accounts? What one sentence would clearly define the end result you are looking for?

5. Make your plans

- In each account begin to record specific actions you will endeavor to accomplish in order to increase your net worth.
 - * Example: Marriage account; 30 minutes uninterrupted time with spouse discussing the day.
 - * Example: God account; Start each day with at least 30 minutes of scripture and prayer time.
 - * Example: Health account; Run Tuesday, Thursday and Saturday at 7:00 a.m.
- What will you do daily, weekly, monthly, quarterly or annually to increase your net worth in all of your accounts? List these activities under the appropriate account headings.
- List tangible and impacting actions or activities for each account.
- Be realistic. Remember you still need to eat and sleep!

6. Change your actions and Track your Success

- Put the activities on your calendar as commitments. Remember they are your life priorities!
- If you can't enter these activities into your planner, spend more time on this step. You need to be able to schedule and track your progress and success. Your actions must be quantifiable and measurable.

When you are finished, you will have created a 'perfect calendar' based on your life goals

7. Live the journey

- Read your plan weekly to assess your account balances.
- Sunday evening or Monday morning is suggested.

8. Stay on course

- We are committed to holding you accountable in these areas of your life, in order for you to enjoy the journey.

*Success is the journey,
Success is today,
Success is the high road, enjoy the view!*

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[It is suggested that you use *one of these for each life account* you establish]

Life Account:	
Vision Attributes [List attributes of how you would like this account to look at the finish line]:	Investment activities: Annual
	Monthly
Purpose Statement:	Weekly
	Daily
Notes:	